



Faith & Fire Survival

72-Hour Emergency Kit Checklist

Preparedness is stewardship, not fear.

WATER

- ☐ 1 gallon per person per day
- ☐ Bottled water
- ☐ Water purification method

FOOD

- ☐ Ready-to-eat items
- ☐ Protein-rich options
- ☐ Manual can opener

LIGHTING & POWER

- ☐ Flashlight
- ☐ Spare batteries
- ☐ Power bank
- ☐ Solar charger
- ☐ Weather radio

MEDICAL

- ☐ First aid kit
- ☐ Prescription medications
- ☐ Medical gloves
- ☐ CPR face shield

COMMUNICATION

- ☐ Emergency contacts
- ☐ Phone charger
- ☐ Car charger

DOCUMENTS

- ☐ Copies of IDs
- ☐ Insurance information
- ☐ Cash (small bills)

SANITATION

- ☐ Hygiene items
- ☐ Trash bags

COMFORT ITEMS

- ☐ Change of clothes
- ☐ Blanket
- ☐ Small Bible or devotional

Review your kit every 6 months.

Continue preparing with the free Faith & Fire Preparedness Platform.

For full planning tools and worksheets, explore the complete workbook through Ko-fi.